Daily Word

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

•

AUG. 20 to SEPT. 19

ILLUMINATION (11 a. m.): The light of Spirit is now released in me, and I understand the truth.

•

PROSPERITY (12 noon): I awaken the Spirit of prosperity, and what is mine is now made manifest.

•

HEALING (9 p. m.): I now release the Spirit of health, and I am made whole.

SEPT. 20 to OCT. 19

ILLUMINATION (11 a. m.): No thought of ignorance can darken the light of the Spirit in me. My eyes are opened, and I see the truth.

•

PROSPERITY (12 noon): My thought and word multiply substance, and plenty is made manifest.

•

HEALING (9 p. m.): The Spirit that healed at the command of Jesus is here healing at my command, and what I decree comes to pass.

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DAILY WORD

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DAILY LESSONS FOR SEPTEMBER

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You Are the Master

JAMES DILLET FREEMAN

DO YOU have a goal you wish to reach? Do you have a need that is not easy to meet? Do you need health of body? Do you lack peace of mind? Do you seek financial success or artistic achievement? Do you want more love, more friends, more happiness? Do you have to overcome some personal shortcoming?

To satisfy your need or reach your goal you must assert your mastery. You master circumstance or you are mastered by it. You control your moods and emotions or you are controlled by them.

It is of course one thing to tell yourself to assert your mastery and another thing to do it. It is easy to shout from the sidelines: "Be brave. Be firm. Press forward." It is another matter when you yourself must press through difficulties toward the goal.

Then you must put forth the highest spiritual effort of which you are capable and continue to do so unceasingly, facing your fears and doubts, going forward in spite of pain, learning to focus all your energy—physical, mental, and spiritual—on the attainment of your goal.

You must make the decision that you are going

to be the master. But this decision is only the first step. Then you must keep on taking steps.

To assert your mastery you must use all the faculties you have. You must put the whole man —body, mind, and spirit—to work.

The essential thing is that you assert your mastery in your heart. Any words, statements, thoughts, feelings, actions, or steps that you can take to do this are good.

It helps to use such a statement as "Christ dominion is mine. I am illumined, glorious, splendid, free!" or "All power is given me in mind and body. I am the power and the mastery."

Do not think of yourself as a slave of circumstance. Do not think of yourself as weak and inadequate, poor and unloved. Do not give power to old habits of thought by dwelling on them and acting as if they were true. If you feel yourself swept by self-pity or self-condemnation, try to set your mind to evaluating and understanding and appreciating yourself instead.

When the old habits of thought try to reassert themselves, face them and think them through. Question them. Challenge them. Start asserting the reasons why they are not true. Start finding reasons for your mastery.

Practice prayer. Pray not only at regular intervals, such as immediately after waking and be-

fore falling asleep, but whenever doubt or fear about any condition arises.

Turn your mind and energy to constructive tasks. Play the piano. Work at a hobby. Work in the garden. Help somebody in need of help. Keep building new reactions by doing new things. There are a thousand and one things to be done. Find the things you want to do.

Do you want to achieve the mastery? You must determine that you can achieve it. Do not doubt it. Believe that you can. Even if you cannot believe it, assert it. And keep on asserting it.

Keep on! There is the key to achievement. Keep on and keep on keeping on! Find reasons for wanting to keep on. Find reasons for having to keep on.

Everybody has times when he gets discouraged. It is nothing to lose heart—if you keep on. For if you keep on, you will take heart again. It is nothing to be fearful—if you keep on.

Sometimes the very desperation of our plight makes us take action. When we find ourselves on the face of a precipice with nothing to do but climb or fall, we will exert energy we never dreamed we had to get to the top. If we have only a gentle slope to climb, we may be content to stop halfway up.

This is probably one of the reasons why prayer sometimes works in urgent cases when it does not

seem to work in what are apparently much easier matters. Faced by a desperate need, a man prays as he has never prayed before—and his prayer is answered.

So it is well to keep in mind, when we seem to be having a hard time, that there may be help in the very urgency of the need.

Whatever the situation we find ourselves in, the important thing is the attitude that we take toward it.

If we want victory, we must prepare for victory. Victories are not won by planning for defeat. When Cortes landed his handful of Spaniards in Mexico to conquer the powerful and populous Aztec Empire, he burned his ships. He envisioned only victory, and despite hardship, despite setbacks he won victory.

We can accept failure and find all sorts of excuses for it; or come what may, we can push on, rise up no matter how many times we fall down, and turn even failure into success. Whatever reasons we may find for doubting our ultimate success, we must push forward, for only if we push forward can we even hope to reach our goal.

No one has ever set out to better himself or his life, to do something worth while, to achieve the mastery, that has not had hard things to meet and has not heard the voice of despair

cry: "Turn back, turn back! The way is impassable."

When things are hardest, that is when we must try hardest. If we suffer a setback, that is when we must press ahead.

When we have made a good struggle and won through to considerable confidence and strength, perhaps even when we have felt somewhat proud of our progress, and then some unlooked-for blow has fallen, crushing us—that has been a crucial moment.

In such moments we can give up or get up. We can give in to the old habits of thought and accept defeat. Or we can pull ourselves together, bind up our wounds, dust ourselves off, and keep on! To do that is to assert our mastery.

We are like a man who has a mountain to climb. The path is not always an ascending one. Sometimes we may go down into deep valleys. Sometimes we may fight our way through fierce storms. But that is when we must decide who is the master, ourselves or circumstances?

When everything in us cries, "Turn back, turn back!" that is when we must decide whether we or our fears are going to shape our destiny.

Are we going to be driven about by every changing wind of circumstance, turned back by every looming cloud of fear? Or are we going to push

forward in spite of difficulty, in spite of fear?

Sooner or later every man comes to a place where he must take a stand. If he decides that he will rise superior to circumstance, if he takes command of himself and seizes the reins of his own fate, from that moment on he lives on a new level.

He may have to struggle to maintain his command. The old ways of thought, the old habits and reactions may seek to reassert themselves. But he will find that his whole attitude toward life is changed. He will have new powers, new energy, new understanding, new love. He will have a sense of purpose in life. His life will broaden and deepen. His whole personality will expand. However hard he may have to struggle against the old ways of thought, he will have a peace of mind and a joy in living beyond anything he ever knew.

You can take your stand now. Before you there open the infinite potentialities of a son of God. Before you lies fulfillment. Before you lies the joyous awareness of the truth about yourself. You can be free.

Christ in you is the lord of life. Through Him all power is given you in mind and in body. Take your stand. Make your choice. Assert your mastery as a spiritual being.

You are the master.

While I Walk with Thee

THEOBEL WING ALLEESON

This moment, Father, let me go forth knowing
That I have all I need for this one day;
Let me put all my heart into my sowing,
And walk in faith Thy radiant chosen way.

I shall not need besides Thee any other
When the dark road looms rocky sharp and long,
With my hand fast in Thine, O, Father-Mother,
Thy strength flows into me, and I am strong.

Nor shall I fail nor fear. No tribulation
Shall hold its terrors while I walk with Thee.
I build my life upon Thy sure foundation,
Thus I am guarded, richly blessed, and free.

Statement of Being

H. Emilie Cady

Editor's Note: *The following is taken from the first chapter of* Lessons in Truth. *Lessons in Truth Week is observed from September 8 to 15, and the daily lessons during this week will follow the Lessons in Truth Week theme.*

When Jesus was talking with the Samaritan woman at the well, He said to her, "God is Spirit: and they that worship him must worship him in spirit and in truth." . . .

Webster in his definition of spirit says: "Spirit is life or intelligence conceived of entirely apart from physical embodiment. It is vital essence, force, energy, as distinct from matter." . . .

God is Spirit, or the creative energy which is the cause of all visible things. God as Spirit is the invisible life and intelligence underlying all physical things. . . .

God is that invisible, intangible, but very real something we call life. God is perfect love and infinite power. God is the total of these, the total of all good . . . God is Spirit. We cannot see Spirit with these fleshly eyes . . . You do not see the living, thinking "me" when you look at my body. You see only the form which I am manifesting.

God is love. We cannot see love, nor grasp any

comprehension of what love is, except as love is clothed with a body. All the love in the universe is God. The love between husband and wife, between parents and children, is just the least little bit of God, as pushed forth through visible form into manifestation. . . .

God is wisdom, or intelligence. All the wisdom and intelligence which we see in the universe is God—is wisdom projected through a visible form. To educate (from *educare,* to lead forth) never means to force into from the outside, but always means to draw out from within something already existing there. . . .

Heretofore we have sought knowledge and help from outside sources, not knowing that the source of all knowledge, the very Spirit of truth, is lying latent within us each and every one, only waiting to be called on to teach us the truth about all things. . . .

God is power. Not simply God has power, but God is power. In other words, all the power there is to do anything is God. God, the source of our existence every moment, is not simply omnipotent (all-powerful); He is omnipotence (all power). . . .

God, then, is the substance (from *sub,* under, and *stare,* to stand), or the real thing standing under every visible form of life, love, intelligence,

or power. Each rock, tree, animal, everything visible, is a manifestation of the one Spirit—God differing only in degree of manifestation; and each of the numberless modes of manifestation, or individualities, however insignificant, contains the whole.

One drop of water taken from the ocean is just as perfect ocean water as the whole great body. The constituent elements of water are exactly the same, and they are combined in precisely the same ratio or perfect relation to each other, whether we consider one drop, a pailful, a barrelful, or the entire ocean out of which the lesser quantities are taken; each is complete in itself; they differ only in quantity or degree. Each contains the whole; and yet no one would make the mistake of supposing from this statement that each drop is the entire ocean.

So we say that each individual manifestation of God contains the whole; not for a moment meaning that each individual is God in His entirety, so to speak, but that each is God come forth, shall I say? in different quantity or degree.

Man is the last and highest manifestation of divine energy, the fullest and most complete expression of God. To man therefore is given dominion over all other manifestations.

God is not only the creative cause of every

visible form of intelligence and life at its commencement, but each moment throughout its existence He lives within every created thing as the life, the ever-renewing, re-creating, upbuilding cause of it. He never is and never can for a moment be separated from His creations. . . .

God is. Man exists (from *ex,* out of, and *sistere,* to stand forth). Man stands forth out of God.

Man is a threefold being, made up of spirit, soul, and body. Spirit, our innermost, real being, the absolute part of us, the *I* of us, which you and I know has never changed, though our thoughts and our circumstances may have changed hundreds of times—this part of us is a standing forth of God into visibility. It is the Father in us. At this central part of his being every person can say, "I and the Father are one," and speak absolute Truth. . . .

God is the name we give to that unchangeable, inexorable principle at the source of all existence. To the individual consciousness God takes on personality, but as the creative underlying cause of all things, He is principle, impersonal; as expressed in each individual, He becomes personal to that one—a personal, loving, all-forgiving Father-Mother. All that any human soul can ever need or desire is the infinite Father-Principle, the great reservoir of unexpressed good.

There is no limit to the Source of our being, nor to His willingness to manifest more of Himself through us, when we are willing to do His will.

Hitherto we have turned our hearts and efforts toward the external for fulfillment of our desires and for satisfaction, and we have been grievously disappointed. For the hunger of everyone for satisfaction is only the cry of the homesick child for its Father-Mother, God. It is only the Spirit's desire in us to come forth into our consciousness as more and more perfection, until we shall have become fully conscious of our oneness with All-perfection. Man never has been and never can be satisfied with anything less.

We all have direct access through the Father in us—the central "I" of our being—to the great whole of life, love, wisdom, power, which is God. What we now want to know is how to receive more from the fountainhead and to make more and more of God manifest in our daily life.

There is but one Source of being. That Source is the living fountain of all good, be it life, love, wisdom, power—the Giver of all good gifts. That Source and you are connected, every moment of your existence. You have power to draw on this Source for all of good you are, or ever will be, capable of desiring.

Monday

EVERY CELL AND ATOM OF MY BODY IS ETERNALLY CHARGED WITH THE RADIANT ENERGY OF SPIRIT.

MY BODY is a spiritual body, for it is composed of millions of living cells charged with radiant divine energy. From the top of my head to the tip of my toes, from the marrow of my bones to the tissues of my skin, I am eternally charged with this quickening life of Spirit. My entire body temple is filled with this healing and renewing life and energy. I feel my whole being immersed in this energizing activity, and I let its healing and purifying currents permeate my body through and through. I think of life throughout my body, I feel life surging through my body, and I see life radiantly aglow in my body cells. Within and without, in mind, soul, and body, I am thrillingly alive in every part.

My flesh is animated with radiant spiritual substance, and my intelligence is the intelligence of Christ. I constantly behold my body temple as a limitless, ageless, ever-renewing emanation of God's eternal life and love.

♣ *He shall live for ever.*—JOHN 6:51.

Tuesday

I AM RADIANTLY HAPPY, AND I SHARE MY HAPPINESS WITH OTHERS.

HAPPINESS IS not dependent upon any person, condition, or thing. True happiness springs from within.

God put His Spirit into every living being, and one of the essential qualities of this Spirit is happiness. The first step in realizing happiness is to recognize that it is already within you awaiting release. The next step is to affirm and to express happiness.

We close the door on happiness by thinking about our troubles rather than about being happy. Turn your thought away from the perplexities that would crowd out the spirit of happiness. Begin affirming, "I am radiantly happy, and I share my happiness with others." All through this day remind yourself, "I am happy." Then let everyone who comes into your presence share in your happiness. As you cultivate a happy attitude of mind you will find that it is just as easy and far more profitable to be happy than to allow yourself to become burdened with anxious thoughts.

♣ *Rejoice always.*—I THESS. 5:16.

Wednesday

SEPTEMBER 3

GOD IS THE GOVERNING POWER IN MY LIFE. AS I TRUST IN HIM, MY MIND IS AT PEACE, MY AFFAIRS ARE DIVINELY ADJUSTED, AND I AM PROSPERED.

MOST of us have dealings with other persons in our daily activities. It is right that in all our dealings there should be order, harmony, right adjustment, and a spirit of good will. We want to receive the best and give the best in all our dealings with others.

Through prayer we can be sure that we use wisdom, good judgment, foresight, and understanding. We need not stop and go apart to pray, but we can pray in the midst of our work, for one form of prayer is right thinking. Whenever we face a situation honestly and try to view it clearly and objectively, we are praying.

As we place ourselves daily in God's care and keeping and know that He is our wisdom, our prosperity, our success, we find that we think and act wisely, truly, and lovingly; that we are in tune with our good, and all is well.

The hand of the diligent maketh rich. . . . Blessings are upon the head of the righteous.
—PROV. 10:4, 6.

Thursday

I RADIATE SUCH A SPIRIT OF WELL-BEING THAT ALL WHO CONTACT ME FEEL THE CONTAGION OF GOOD.

CONTAGION is a word that is usually associated with disease, but wholesome states of consciousness are even more contagious than unwholesome ones, because positive thoughts are always stronger than negative ones.

Gloomy states of consciousness drive people and good away from us, but joyous states of consciousness are magnets that attract people and good to us. Some persons resent the verse in the Scriptures that says, "Whosoever hath, to him shall be given," but it is a scientific statement. To him who has the consciousness of good, more good is added!

Mental habits can be changed, and by persistent effort we can develop a consciousness that will carry a contagion of such well-being that all who come within the radius of our consciousness receive a feeling of uplift.

Today you can radiate such a spirit of well-being that all who contact you will feel the contagion of good.

♣ *Think on these things.*—PHIL. 4:8.

I REJOICE IN MY IDENTITY AS A CHILD OF THE LIVING GOD.

DO YOU know that now, this very moment, you are a son of the Almighty God, one with His life and love, His power and unlimited substance? Your consciousness of this glorious truth is your key to the kingdom of heaven on earth.

If we would fully enjoy the good that life offers it is vitally important to be constantly aware of our spiritual identity. Since man tends to become like whatever he envisions, his every thought, word, and activity helps to mold and direct his life. Thus we need to remember to identify ourselves only with that which we truly desire to express.

As we keep our thoughts loving, pure, and cheerful and speak only words that are helpful and constructive, we establish more firmly our oneness with all-encompassing good. Let us be alert to see that our actions measure up to the high standard set by our own Christ nature.

♣ *We are children of God: and if children, then heirs; heirs of God, and joint-heirs with Christ.*—ROM. 8:16, 17.

Saturday

I AM FOREVER UNAFRAID, FOR I KNOW THAT THE SUSTAINING POWER OF CHRIST IN THE MIDST OF ME IS MY INSTANTANEOUS HELP.

IS THERE some fear in your life, dear friend? If so, be not discouraged or dismayed, for God is for you now and forever, and if God be for you who can be against you? His omnipresent life is eternally flowing forth throughout every part of your body. Relax, for He is healing your body and making it whole. His omnipresent, transforming power is adjusting all your affairs, no matter what they may be. Know in your heart that everything is being cared for. His Spirit is within every person who comes into your life, so you need fear no one, for He is the only reality in all.

You need never be afraid again. When you feel yourself slipping back into the old trembling habit of thinking, quietly remind yourself of the all-powerful Christ presence that lives and breathes within you, and your fears will immediately be dissolved.

You can be forever unafraid, for the sustaining power of Christ in the midst of you is your help.

♣ *He will not fail thee.*—DEUT. 31:6.

I CARRY THE CONSCIOUSNESS OF THE SECRET PLACE WITH ME THROUGH ALL THE ACTIVITIES OF THIS DAY.

THE SECRET place of the Most High referred to by the Psalmist is the place of stillness within your own being where you and God are alone. There you see as God sees. You behold His life, His perfection where before you beheld disease. You feel His peace where before you were filled with turmoil. If hardness or unforgiveness were previously in your heart, there you touch His love.

In the secret place you know the perfection of the divine. There God reveals Himself to you. This is where you get the reassurance that holds your faith firm despite every appearance to the contrary. This is where God gives you the vision that is the guiding star of your life.

As long as you carry the consciousness of the secret place with you through all the activities of the day, there are no problems. There are only opportunities to prove your faith.

He that dwelleth in the secret place of the Most High
Shall abide under the shadow of the Almighty.
—PSALMS 91:1.

Monday

THERE IS BUT ONE PRESENCE AND ONE POWER IN MY LIFE, GOD, THE GOOD, OMNIPOTENT.

GOD, THE source of all that exists, is the presence of good in which I live and move and have my being, in which I am sustained and prospered. There is no other presence; God is omnipotent. There is only God, and His will for His children is eternally good.

Today I accept the truth that I am a child of God and heir to His good. I look to Him for health, peace, love, and wisdom, and all the other blessings of a God-derived, God-sustained life.

I now dismiss all worry about any problem and center my attention on God. "Jehovah he is God; there is none else besides him." Since God is the presence and source of all-good, no problem has any power except what I have elected to give it by my thoughts. I now relax in the realization that God is the eternal presence of all the good I can ever desire; He is the power that lifts me above every limitation; He is the life I now live in fullness and in joy.

♣ *Look unto me, and be ye saved, all the ends of the earth. . . . for I am God, and there is none else.*—ISA. 45:22.

Tuesday

I AM SPIRIT, PERFECT, HOLY, HARMONIOUS. I MANIFEST MY REAL SELF NOW.

I AM SPIRIT, perfect, holy, harmonious. This is the truth about my real self, the self that God created and through which He expresses His perfection. I am harmonious with the good that God has in store for me and accept it into my life. Therefore I am perfect, holy, whole in mind and body.

I am Spirit; I have the mind of Spirit. I know the Truth at all times for myself and for other persons. I hold no child of God under any thought of limitation of mind, body, or affairs. Instead I call forth his divine perfection and see him blessed with courage and calmness.

I am Spirit at work, and I know that God has need of me just as I have need of Him. As I work with Him according to His purpose for me I am freed of all mortal fear of failure, and I work without stress or strain. I freely draw more of Spirit into visible manifestation so that earth may be as heaven.

I am Spirit. I accept the perfection of Spirit in mind and body and manifest my real self now.

♣ *The Spirit of God dwelleth in you.*—ROM. 8:9.

Wednesday

MY FAITH IS IN GOD.

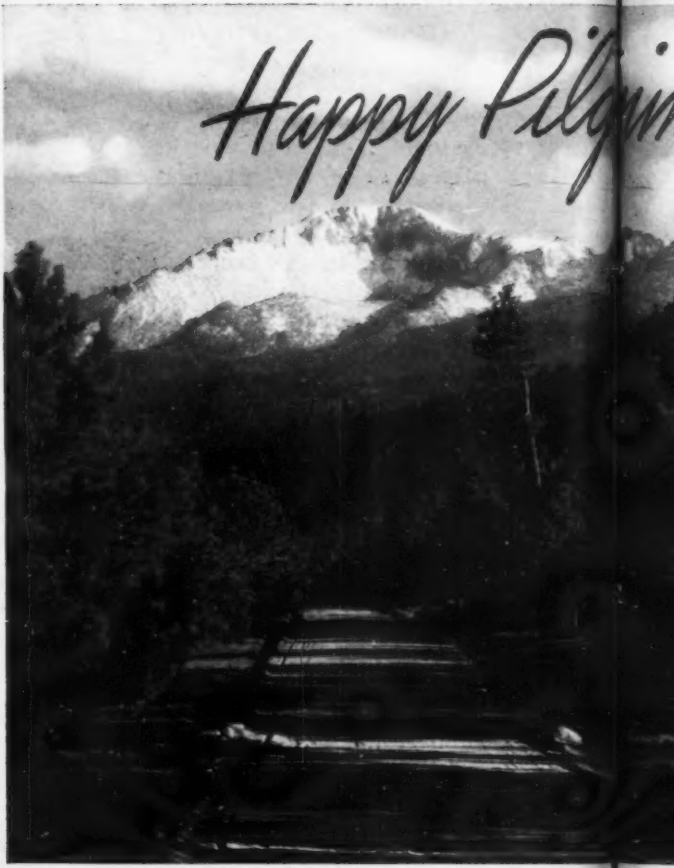
H. EMILIE CADY says, "God, the invisible substance out of which all visible things are formed, is all around us waiting to come forth into visible manifestation."

The story of creation reveals the faith of God, the power of God. He formed the universe and brought it into visible manifestation through faith. Then He created man, created him in His own image and after His likeness. He breathed into man the breath of life, His own Spirit, and gave him dominion over all that had been created.

Today I claim this dominion in my life and affairs. I am activated by the faith of God, which is ceaseless, dynamic, creative. I can speak the word for the good I desire, and that good becomes visible. As long as I exercise this dominion and depend on God, my faith is powerful, and through it I can create a good world for myself.

My faith is in God, and I look to Him as the inexhaustible, unfailing supply of every need and desire. My faith is in God, my life is of Him and in Him.

♣ *The worlds have been framed by the word of God.* —HEB. 11:3.


Happy Pilgri

ROWENA CHENEY

Let us be happy pilgrims
In search of truth and right,
Confident explorers
Encouraged at the sight
Of shining paths that beckon,
Far vistas that invite,
And highways marked with milestones
Gleaming clear and bright,
Leading us ever onward
Into the land of light!

I TRUST GOD TO ESTABLISH THAT WHICH IS RIGHT, GOOD, AND ORDERLY, BECAUSE I KNOW THAT HE IS PRESENT IN ALL PERSONS AND IN ALL SITUATIONS.

IF I AM disturbed about some difficulty with another person, it is because I am leaving God out of my relationship with him. It is because I forget that he too is God's child striving to overcome his own fears and limitations. My part in restoring harmony is to refrain from criticism and to behold the Christ in him and in myself.

If I seem unable to forget some situation in my life, if I believe that because of it I must forgo some blessing, I am not trusting God. Instead I am refusing His good. I am blocking the way to a right solution of my problem. Today I give my problem to God, I place my faith in Him, I leave the solution with Him and go free.

Whatever my problem, God is the answer. I trust Him to establish that which is right, good, and orderly in my life and in the lives of all with whom I am concerned.

♣ *The battle is not yours, but God's.*—II CHRON. 20:15.

Friday

THE GLORY OF THE CHRIST CONSCIOUSNESS NOW AWAKENED IN MY SOUL QUICKENS, ILLUMINES, AND HEALS ME.

IN PREPARING His consciousness for the Resurrection Jesus prayed: "Glorify thou me with thine own self with the glory which I had with thee before the world was." Thus He affirmed His own deathlessness; thus He declared that no earthly event could end or change the life of God in Him. He knew that He would forever dwell in God, the Father.

This prayer was answered. It was answered not only for Jesus but for me and for all mankind. The glory that I had with me from the beginning is now lighting my way. My soul is free, my mind is quickened with divine ideas, my body is renewed, strengthened, and healed with the free-flowing life of God.

Father, I thank Thee for the glory that was with Jesus and with me from the beginning. Awakened now to the full glory of my Christ consciousness, I know that "all things that are mine are thine, and thine are mine."

♣ *And the glory which thou has given me I have given unto them.*—JOHN 17:22.

BECAUSE I WORK WITH THE INDWELLING POWER OF GOD, I AM BLESSED WITH HIS WISDOM, LOVE, PEACE, HEALTH, AND SUPPLY IN MY LIFE AND AFFAIRS.

MY LIFE and affairs are filled with God. He Himself is His gift to me, His child. He expresses Himself through me in a special way; I am the one by whom my work can best be done. Therefore as I work in my own God-appointed channel, impelled by His indwelling power, I am blessed with His wisdom, love, peace, health, and supply in my life and affairs.

I work in the knowledge that I am important to God. He has need of me just as I have need of Him. This knowledge gives me faith in my ability and faith that God's power and presence are mine in all that I try to do.

Father, I thank Thee for my ever-increasing realization of Thy indwelling power. I relinquish every thought of limitation and direct my life and my every activity to the perfect expression of Thy gifts to me and in me.

♠ *He giveth strength and power unto his people.* —PSALMS 68:35.

Sunday

I AM UNFETTERED, UNBOUND, TRIUMPHANT, GLORIOUS, SPLENDID, FREE!

JESUS, who knew all Truth, saw through the unreal, the appearance, to the real, the perfect man that God created in the beginning. He saw all men as God's children with the innate capacity to be free of every ill. Because He saw perfection in His fellow men He was able to perform miracles of healing for them.

The Christ in me directs me to envision my own perfection. Christ in me heals me, sustains me, and sets me free of all my former belief in appearances. Christ in me guides me at all times, and I find blessings everywhere. I look for the good, and the good prevails and triumphs in my world.

I know the truth about the triumphant, glorious gift of eternal life that is mine from the Father. "For as the Father hath life in himself, even so gave he to the Son also to have life in himself."

The life I now live is the life of God in me. In my clear realization of this truth I am unfettered, unbound, triumphant, glorious, splendid, free!

♣ *Be of good cheer; I have overcome the world.*—JOHN 16:33.

Monday SEPTEMBER 15

TODAY I ACKNOWLEDGE GOD AS MY TEACHER AND GUIDE.

As THOUGHTS turn schoolward I reappraise my own position. Regardless of age or position, I am still going to school. The object of life is to learn and grow. This is my primary reason for being, and God is my teacher of spiritual truth.

If I am a student in high school or college God leads me through registration and He is with me in every class. He guides every effort and illumines every problem. I look to Him especially for the fundamental spiritual meanings behind the lessons I am learning.

If I am a housewife, a businessman, or any person just going about the job of living, I recognize that I am going to school. God is my teacher and guide. He leads me in my spiritual seeking. Every problem of life, no matter how difficult, is a lesson to be learned, and God has already placed the formula for its solution within my reach.

As I grow in wisdom I acknowledge that God is my teacher and guide.

♣ *All thy children shall be taught of Jehovah; and great shall be the peace of thy children.*—ISA. 54:13.

FATHER, I THANK THEE FOR MY MANY BLESSINGS.

SOMEONE has said, "Thou hast given so much to me, give me one thing more, a grateful heart." We cannot enjoy what we do not appreciate. We derive benefit only from what we have the capacity to be grateful for. It is far better to have little and to have the capacity of appreciation of that little than it is to have much and to lack the capacity to appreciate it.

If we are grateful for what we have we open our consciousness to a greater inflow of blessings, but if we are ungrateful we close our consciousness and shut out the blessings that are rightfully ours.

We can cultivate appreciation of our blessings. We do this by recognizing the blessings we have. As we recognize them appreciation of them begins to grow in our heart. We think more about the good we have and less about what we do not have. It is a law of mind that what you give your attention to determines the kind of life you have.

Bless Jehovah, O my soul;
And all that is within me.
—PSALMS 103:1.

Wednesday

I KNOW THAT GOD'S GUIDANCE IS WISE AND SURE, AND I TURN CONTINUALLY TO HIM FOR COUNSEL.

MANY TIMES we feel the need of a wisdom greater than our own to help us make decisions and to guide our feet into the path that we should take to insure peace and happiness. We are conscious of the inadequacy of our human understanding to direct our steps and actions. How comforting it is to know at these times that within us is God's light and wisdom, our sure guide in time of need.

God's counsel is constantly accessible to us, because His Spirit dwells within us, is a very part of us. It is His wisdom that directs us to follow the best and highest that we know, and it is the following of this inner leading that makes our way clear and easy before us. When we earnestly and sincerely seek God's guidance each step is revealed to us, and we can go forward with confidence, free from doubt and uncertainty. His light dispels all darkness.

Guide me in thy truth, and teach me;
For thou art the God of my salvation.
—PSALMS 25:5.

Thursday

I DO NOT LIMIT MYSELF IN ANY WAY WHATEVER, FOR I KNOW THAT CHRIST IN ME IS MY LIFE, MY INTELLIGENCE, AND MY ABILITY.

I REJOICE this day in the realization that there is no limit to the good I can express in my life and affairs. I know that I can express the radiant life of God as fully as Jesus expressed it, because the same Christ Spirit that lived and breathed in Jesus also lives and breathes in me. I do not limit this life with thoughts of disease, old age, and death, but rather I affirm my inseparable oneness with life.

I rejoice this day that there is no limit to the intelligence that I can express, for I know that the same omniscient mind that illumined Jesus now and forever illumines me. The only thing that can limit my intelligence is my belief that "I do not know;" therefore I affirm my oneness with divine intelligence, which knows all things. Whenever I am confronted with what seems to be an obstacle or an impassable road, I immediately know that I can do all things perfectly through Christ, who is my strength.

♣ *If ye have faith . . . nothing shall be impossible unto you.*—MATT. 17:20.

TODAY GOD OPENS MY EYES TO MY CHANCE TO HELP AND BLESS HIS CHILDREN.

TODAY I ask God to help me see opportunities for service. I may seem to have no great gift of oratory, no golden voice, no pen of flame, but I have gifts to give—a smile, a word of Truth. I can give a friend encouragement at a difficult time; I can tell some troubled heart of my own belief in God and the great help and comfort He has given me.

I release any sense of inadequacy because of the smallness of my services; I rejoice at the many opportunities I have and make the most of every one today.

In telling another of faith I find that my faith is strengthened; that in giving material possessions my possessions are increased; in helping clarify spiritual understanding my own understanding grows. I am greatly blessed.

God opens my eyes to my own place. There are hearts that I alone can touch with the word that God puts in my mouth or the idea He brings to my mind.

♣ *Whosoever would be first among you, shall be servant of all.*—MARK 10:44.

Saturday

NO THOUGHT OF IGNORANCE CAN DARKEN THE LIGHT OF THE SPIRIT IN ME. MY EYES ARE OPENED, AND I SEE THE TRUTH.—UNITY CLASS THOUGHT.

IN ITS ministry of teaching and healing Unity stresses the importance of denial and affirmation. A denial of the false appearance, of that which is not true, cleanses and clears the mind and makes it ready and receptive to the realization of the Truth.

Humanity has long dwelt under the shadow of ignorance. Because of lack of understanding men have done vain and foolish things. Yet this need not be so, for the light of Spirit dwells in man and can be his infinite wisdom. Spirit stands ready to reveal the Truth, to free man from the darkness resulting from ignorance, if man will but call upon Him in faith, believing.

No thought of ignorance can darken the light of the Spirit in you. Free yourself from false judgments by opening your spiritual eyes and letting the light of Spirit reveal the Truth to you.

♣ *I, Jehovah, have called thee in righteousness . . . to open the blind eyes, to bring . . . them that sit in darkness out of the prison-house.*—ISA. 42:6, 7.

Sunday

SEPTEMBER 21

MY THOUGHT AND WORD MULTIPLY SUBSTANCE, AND PLENTY IS MADE MANIFEST.
—UNITY CLASS THOUGHT.

OUR CLASS prosperity thought for this month directs our attention to the increasing, multiplying power of our thought and word spoken in faith, which causes plenty to become manifest for us.

Jesus demonstrated for us that substance can be increased and multiplied. On one occasion He took five loaves and two fishes and fed five thousand people. After everyone had eaten, there were still twelve basketfuls of food left over. We can see in this story an example of how the prospering and increasing power of God works.

As Jesus took the bit of food at hand, blessed it, and divided it among those who were hungry, the food began to increase until there was more than enough for all. In the same way we can take the substance that we have, no matter how small it seems, bless it, and use it where it is needed. We shall see it grow and increase.

♣ *He blessed, and brake and gave the loaves to the disciples, and the disciples to the multitudes.*—MATT. 14:19.

Monday

THE SPIRIT THAT HEALED AT THE COMMAND OF JESUS IS HERE HEALING AT MY COMMAND, AND WHAT I DECREE COMES TO PASS.—UNITY CLASS THOUGHT.

THE SPIRIT of life, of health, of healing is here now, this moment, ready to renew, to vitalize, to heal you or another person at your command. The selfsame Spirit that obeyed and worked for Jesus will obey and work for you. It is ready and awaits your command, your word of power spoken in faith and understanding.

Jesus was able to heal all manner of disease, because He had perfect faith. He understood that sickness or ill-health is never of God. He knew that no condition of ill-health or imperfection could continue when the healing activity of Spirit began. He knew that Spirit, the Father indwelling in Him, was supreme, and that at His command Spirit would instantly restore and make whole, according as He decreed.

If your body is in need of healing, speak the word of power and dominion, as Jesus did. Say to your body, "Be thou made whole," and your decree will surely come to pass.

Be thou made clean.—MATT. 8:3.

Tuesday

I FREE MY MIND FROM ALL REGRET FOR PAST MISTAKES, AND I GO FORWARD WITH NEW JOY AND NEW VISION.

I RESOLVE this day to free my mind from all regret for past mistakes. No longer will I allow my heart to be burdened and unhappy because I have not always lived up to the highest and best. I know that God in His infinite love and compassion has forgiven me, and I forgive myself and others and begin anew this day, this hour, to build toward peace and happiness.

I realize that every experience I have had, however unhappy it may have been, contained a lesson for me, and as I release sorrow and regret and retain only the wisdom gained I know that the past cannot limit me but can enrich my future. I have no fear of new experiences, because I may have been hurt before, but I welcome new opportunities to grow and progress.

I give thanks for my understanding of Truth, which enables me to recognize each day as the beginning of a happier, better way of life, and I go forward with joy and peace in my heart.

♣ *His compassions fail not. They are new every morning.*—LAM. 3:22, 23.

I AM FILLED WITH JOY AND THANKSGIVING THIS DAY, FOR I BEHOLD GOD'S LOVING SPIRIT EVERYWHERE PRESENT.

MY HEART is filled to overflowing with joy this day, for I know that God is here, there, and everywhere. No matter where I turn my eyes, no matter where I turn my thoughts, His loving presence is there.

I give thanks for the dear ones in my life, and I bless each one for the particular expression of God's love that he reveals to me.

I bless my work and all the tasks that fall to me, for I know that it is God's wisdom that has brought these tasks before me, and it God's strength and intelligence that enables me to perform them efficiently and well.

I praise the life that flows so faithfully throughout my entire being, harmonizing my thoughts, cleansing my soul, and healing my body.

For this beautiful and fruitful earth, for the radiant heavens, for all things that make life more comfortable and complete, for experiences that make me grow, dear God, I give eternal thanks.

♣ *Rejoice in the Lord always.*—PHIL. 4:4.

I AM AT ALL TIMES PATIENT WITH MYSELF AND WITH OTHER PERSONS, FOR I KNOW THAT GOD IS IN PERFECT CONTROL OF EVERYTHING.

DO YOU ever become discouraged because the good you desire seems slow in becoming a manifest reality? Take heart now, this moment, and rejoice in the all-powerful Spirit that dwells in the midst of your being. Renew your faith in Him, and remind yourself that you cannot fail, for He is your unfailing strength and your ability to succeed.

The healing, harmonizing, transforming power of God is constantly at work in every cell of your body, in every department of your life. Though appearances may not always seem to respond as readily as you would like, remember that all the good you desire is even now at hand.

And what about other persons? Do you ever find yourself becoming discouraged, concerned, or fearful about your dear ones? God loves your dear ones even as He loves you, and He is guiding them, loving them, and unfolding them according to His perfect plan.

♣ *Let us run with patience the race.*—HEB. 12:1.

Friday

I KNOW THAT GOD IS A JUST GOD, AND I TRUST HIM TO REGULATE ALL MY AFFAIRS.

WHENEVER you have an appearance of injustice to meet, you have only to remember that God is a just God and that His law is unfailing. Even though appearances may seem against you for a time you can know with assurance that back of the semblance of injustice God's law is working surely and infallibly to bring about that which is right and just.

Therefore you need not be fearful or anxious about the outcome of any of your affairs. You can still your troubled thoughts by acknowledging the presence and power of God in your life and trusting Him to regulate and adjust every situation.

When your faith in God's law of justice is firmly established you can work with this law by making sure that you are just in all your thoughts and actions toward others. Faith and work is an unfailing combination that brings your good to you.

No man or circumstance can prevail against the justice of God, regardless of appearances.

♣ *And there is no God else besides me, a just God and a Saviour.*—ISA. 45:21.

Saturday

SEPTEMBER 27

GOD'S LOVE MOTIVATES MY THOUGHTS, WORDS, AND ACTIONS, AND ALL MY RELATIONSHIPS ARE HARMONIOUS.

TO LET God's love express freely through you toward everyone you contact is the sure way to make your life peaceful, happy, and harmonious. Love will make you tolerant and understanding of the problem of other persons and will prompt the kind word, the gracious act that will bring a swift response in your own life.

If inharmony is manifesting itself in any phase of your life, try meeting it with love. Before you speak or act make sure that love is the motivating power back of your words and actions. You may feel that the fault lies with someone else, that another person is causing the inharmony, but a loving attitude on your part can change an inharmonious situation and establish peace.

"A soft answer turneth away wrath." No matter how selfish or unloving another person may seem he cannot help responding to love. As you meet every situation with love and understanding you are building a firm foundation of harmony.

♣ *This is my commandment, that ye love one another, even as I have loved you.*—JOHN 15:12.

Sunday

THE LIFE OF CHRIST FILLS MY MIND, SOUL, AND BODY.

THE LIFE of Christ fills my mind. When thoughts of weakness or tiredness assail me, I immediately remind myself that Christ is the ever-renewing source of my strength. When thoughts of passing years or declining faculties begin to beg for admittance, I instantly turn my vision to the ever-renewing spirit of Christ in me, and I know that I am inseparably one with this Spirit.

The life of Christ fills my soul. Old subconscious habits, beliefs, and tendencies are now immersed in this radiant sea of purifying Christ life. Grudges and all unforgiveness are dissolved in His love, thus opening the way for life to flow more freely throughout my being. I give thanks that my soul is suffused with eternal life.

The life of Christ fills my body. His life flows through my veins, sings in my heart, and glows throughout all my bones, nerves, fibers, and tissues. Every cell of my body is radiantly alive with His eternal life and energy.

❋ *He that eateth my flesh and drinketh my blood hath eternal life.*—JOHN 6:54.

Monday

I AM CONSCIOUS OF THE WELLSPRING OF DIVINE ENERGY WITHIN ME FROM WHICH MY STRENGTH AND ENTHUSIASM ARE CONSTANTLY RENEWED.

WHEN YOU tap the source of divine energy within you, you have strength and enthusiasm to complete every task without becoming tired or listless. This supply of energy is limitless, therefore you can draw upon it continually without ever depleting it.

If you have been depending solely upon human effort and find your body becoming fatigued and your interest flagging before you finish what you have set yourself to do, learn to turn within for renewed strength and inspiration. Personal effort often results in tension and strain, but working in the understanding that your energy comes from God and is boundless will relax nerves and muscles, clear your mind, and give you an unlimited strength to accomplish.

Begin each day, each task with an acknowledgment of your oneness with divine energy, and completion will find you relaxed and rested.

♣ *They that wait for Jehovah shall renew their strength . . . they shall run, and not be weary.*—ISA. 40:31.

Tuesday

I GIVE THANKS FOR THE FAITH AND COURAGE TO MEET EVERY SITUATION SUCCESSFULLY.

DAY by day as you study the DAILY WORD lessons you are building within your mind and heart a stronger courage and a stronger faith that will enable you to rise above every limitation and every obstacle in your life. A heart that is courageous and a mind that is filled with faith cannot help but come through victorious in every situation.

No matter how difficult things may seem there is a solution. Through courage and faith the mind is kept at peace so that judgments may be clear and guidance sure.

If doubt seems to assail you and for a moment the way looks dark before you, this is the time for you to be more steadfast than ever in the assurance that God is at hand, that His love and blessings cannot fail you.

You may need to remind yourself of this over and over, you may need to study and to pray more faithfully, but know this: God loves you!

• *Be strong and of good courage . . . for Jehovah . . . will not fail thee.*—DEUT. 31:6.

The Unity Printing Department

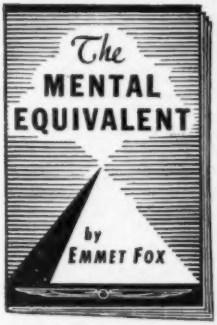
For many years Unity students have looked forward to the establishment of the entire Unity headquarters at beautiful Unity Farm, seventeen miles southeast of downtown Kansas City. On April 1, 1947, the Printing Department took the first step toward the fulfillment of this plan by moving its first load of equipment to its Unity Farm home.

The Unity Printing Department employs ninety-three people. The amount of paper consumed is nearly a million and a half pounds a year. Several million pieces of printed matter are produced each month.

The large volume of material printed by the Unity Printing Department does not mean production for profit. Moreover the price of Unity's publications has not been increased and no advertising is carried to help pay the expenses. The increased cost of labor and materials has been divinely met through the channel of loving friends everywhere who send their love offerings.

Although Unity literature will be printed at Unity Farm, Silent Unity and all the administrative offices of Unity will remain in Kansas City. All communications are to be addressed as usual to 917 Tracy, Kansas City 6, Mo.

You Can Help Others With » » »



Do you remember how you first learned of Truth? Perhaps it was through some friend, book, magazine. It may have changed your whole life, and you wish you could help others so they too may have this freeing, vitalizing knowledge of Truth. Perhaps you may have wondered what would be the best way to introduce the principles of Truth to your friends or neighbors.

THE MENTAL EQUIVALENT is the ideal booklet for this purpose. It is simple and understandable, and it gives definite instructions about how to demonstrate good. Its teachings are acceptable to every person, regardless of faith, and the booklet makes an appropriate gift for anyone.

The author of this booklet is Emmet Fox, who has spent many years in teaching and demonstrating the principles of Truth, and its message has been tested and proved in his own life and experience.

The price of THE MENTAL EQUIVALENT is 10 cents. At this price everyone may feel that he can give as many copies as he wishes to those he desires to help. Send for your copies now and begin to spread the Truth. You may have twelve copies for $1. A convenient mailing envelope is included with each booklet.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Miracles of Prosperity

When many Truth students first recognize that God is their supply, abundant prosperity becomes manifest in their life in seemingly miraculous ways. Later when they learn that Spirit is continuously obedient to man's consciousness of abundance they know that its swift and bountiful response is not a miracle but is a natural outworking of spiritual law.

For many years Unity students have brought prosperity into their affairs by using the Unity Prosperity Bank drill, a plan of prayer and faithful adherence to the laws of supply. By looking to God and by fulfilling His laws you can experience true and lasting prosperity. If you desire greater prosperity why not send for a Prosperity Bank, thus availing yourself of the prayer-and-practice plan that others have followed with gratifying success. Part of the plan is blessing a coin each day and placing it in the Bank. The amount saved and blessed may be used for DAILY WORD gift subscriptions for your friends.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save $3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

1. Name _____
   Street _____
   City _____ State _____
2. Name _____
   Street _____
   City _____ State _____
3. Name _____
   Street _____
   City _____ State _____

SENDER'S NAME _____
Street _____
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Please indicate postal zone number, if cities are so divided. D-8-47

Expand Your Vision of Good; Enrich Your Life during

LESSONS IN TRUTH WEEK

SEPTEMBER 8-14

All you need do to have more good in your life is to "see" it, to envision it as possible for you. Then your consciousness is expanded and your life becomes richer.

Lessons in Truth Can Enrich Your Life

Lessons in Truth, by H. Emilie Cady, is Unity's fundamental textbook. It has expanded the spiritual vision of thousands of readers who now depend wholly upon God for the bountiful supply of their every need and desire. No matter how many times it is read, it gives a "new" spiritual message. This is the reason hosts of Unity students observe Lessons in Truth Week year after year.

Join in Unity's World-Wide *Lessons in Truth* Class, September 8-14

Right in your own home you can participate in the fourteenth annual world-wide class in *Lessons in Truth.* Be among the innumerable persons whose life will be greatly enriched because of this week of united and consecrated study.

Prepare Now for Lessons in Truth Week

To be ready for your study on September 8-14 all you need is a copy of *Lessons in Truth* and the *Lessons in Truth Study Guide,* which is a free booklet of assignments and suggestions for effective study. (This booklet was used last year.) If you already have *Lessons in Truth,* just ask for a copy of the booklet.

Lessons in Truth (booklet included) is priced at $1. Order from your local Unity center, or write direct to

UNITY SCHOOL OF CHRISTIANITY
917 Tracy, Kansas City 6, Mo.

What does he plant who plants a tree?
He plants, in sap and leaf and wood,
In love of home and loyalty
And far-cast thought of civic good—
His blessing on the neighborhood.
Who in the hollow of His hand
Holds all the growth of all our land—
A nation's growth from sea to sea
Stirs in his heart who plants a tree.

—*Henry C. Bunner, The Heart of the Tree.*
Permission Charles Scribner's Sons

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